

Remembering Our Ancestry

Who are we? This question has echoed through human history since the beginning. Our ancestry is more than a historical record; it is the foundational blueprint of our identity, both individually and collectively.

To "Remember Our Ancestry" is not just a study of the past, it is an act of self-discovery.

Consider where we stand: the Boomland, in Portugal, on the Iberian Peninsula. Long before the waves of Roman, Muslim, or Christian conquerors, the natives of these lands were animistic, tribal, and deeply rooted in the landscape.

These indigenous were eventually targeted by dominant powers, severed from the spiritual pulse of the earth. This tragedy repeated across Europe and the globe, a cycle where the persecuted became the persecutor, leaving a trail of transgenerational trauma.

In this region, and everywhere on Earth, spirituality was not in temples; it was found in the sites themselves.

Life, death, the stars, and the land existed as one continuum. Dolmens served as ancestral portals, Cromlechs as celestial observatories, and rock art as a bridge to the ecosystem. This was a cosmic, shamanic, and initiatory spirituality.

It was a world where water was the medium of the unseen and the goddess Nabia reigned. Where Bandua stood guard over the tribes, and the sacred pair Endovellicus and Ataegina shared their cosmic powers.

In the old Iberian, European and Earth ways, the place comes before the deity. The divine is not an abstract concept; it is the living expression of the land itself. It was the same everywhere.

In an age of increasing disconnection like today, we must return to the ancestry of place and being.

Let us reconnect with our lineages, heal the past and celebrate through the power of the present.

We invite you to become a participant in the land.

We gather at the Boomland, not merely for a festival, but for a collective homecoming.

Let's Remember Our Ancestry.



and much more... Workshops • Yoga • Tao • Talks • Therapies • Walks • Systemic Constellations • Tantras • Healing • Sound Journeys • Sutras • Rituals • Social Themes • Sound Nutrition • Psychedelic Science • Nature Immersion • New Education • Mental Health • Movement • Music • Meditation • Messages • Messages • Meditation • Lake Activities • Land Art • Mantras • Inner Work • Kids Activities • Forest Bathing • Indigenous Traditions • Ecstatic Dance • Emotions • Fitness • Eco Consciousness and Practice • Counselling • Dance • DJ Sets • Communal Food • Conscious Death • Art Installations • Breathwork • Ancient Wisdom



BEING GATHERING

1 • 5 JULY 2026

Well-Being • Music
Oneness • Community

The Temple

All of our movement classes and collective activities under one roof.

2 July - Thursday

09:00 - 10:30 **Shiva Shakti Yoga & Alchemical Bhakti Nidra**
Isa Guitana
YOGA

11:30 - 13:00 **The Healing Voice Awakening**
Virgilio Beatriz
VOICE ACTIVATION

14:00 - 15:30 **Being Awake in a Dream**
Angelo Surinder & ANNA
SOUND JOURNEY

16:30 - 18:30 **Ecstatic Sound Movement**
Pyrrait
ECSTATIC DANCE

19:30 - 21:00 **Body as Magic and Oracle - Clubbing and Traditional Dance Intersections**
Piny Orchidaceae
DANCE

22:00 - 23:30 **From Self to Connection**
Afke
TANTRA

3 July - Friday

09:00 - 10:30 **Somatic Yoga: Opening the Sacred Gate**
Harmony Slater
YOGA

11:30 - 13:00 **PSYCHEDELIC BREATH®**
Carla Kuhlmann
BREATHWORK

14:00 - 15:30 **Just Be (Your true be is enough)**
Guilherme LIZ
MARTIAL ARTS

16:30 - 18:30 **The Wild Awakening**
Mushina
ECSTATIC DANCE

19:30 - 21:00 **Anchoring Into Your New Reality**
Chris Corsini
INNER WORK

22:00 - 23:30 **Songs From My Life's Journey**
Flavio Salvaje
SOUND JOURNEY

4 July - Saturday

09:00 - 10:30 **One with the Sound of OM**
Jenil Dholakia
MEDITATION

11:30 - 13:00 **Somatic Yoga: Opening the Sacred Gate**
Harmony Slater
YOGA

14:00 - 15:30 **Move From Within**
Karimu Samuels
MOVEMENT

16:30 - 18:30 **Ecstatic Dance Journey**
Blomurian
ECSTATIC DANCE

19:30 - 21:00 **Weaving Voice & Spirit Workshop**
Anna Baryani
VOICE WORKSHOP

22:00 - 23:30 **The Art of Conscious Touch**
Afke
TANTRA

5 July - Sunday

09:00 - 10:30 **Shiva Shakti Yoga & Alchemical Bhakti Nidra**
Isa Guitana
YOGA

11:30 - 13:00 **The Power of Softness**
Karimu Samuels
MOVEMENT

14:00 - 15:30 **The Doorway to the Infinite Possibilities**
Satiya
RITUAL

16:30 - 18:30 **Ecstatic Conscious Dance**
Leah Luna
ECSTATIC DANCE

19:30 - 21:30 **Where Do We Go From Here**
Geeta
INTEGRATION SESSION

Lake Portal

Lakeside rituals, ceremonies, and circles to honour our sacred Earth.

1 July - Wednesday

19:30 - 21:00 **Sunset Lake Blessing Intention Setting**
Laura Korčulanin & Kula
RITUAL

2 July - Thursday

09:00 - 10:30 **Terra Sagrada: Honouring Our Sacred Earth**
Ancestral Living Arts
RITUAL

19:30 - 21:00 **Mother Earth Rite of Passage**
Filipa Veiga
RITUAL

3 July - Friday

09:00 - 10:30 **Body, Water and Memory**
Aguadeiras
RITUAL

19:30 - 21:00 **Water Drumming Ceremony - In the Waters at the Lake**
Laura Frederico
RITUAL

4 July - Saturday

09:00 - 10:30 **Druidic Ritual**
Alexandre Gabriel
RITUAL

19:30 - 21:00 **Dança das 4 Luas**
Cris Marcondes
RITUAL

5 July - Sunday

07:00 - 08:30 **Sunrise Cacao**
Sari Seramor
RITUAL

Sacred Fire

The place to go for our stimulating programme of talks and music.

2 July - Thursday

18:00 - 19:00 **Mariana Root**
CONCERT

19:30 - 21:30 **Curawaka**
CONCERT

22:00 - 00:00 **El Búho**
LIVE ACT

3 July - Friday

10:30 - 11:30 **Returning to the Heart**
Ina Hoffrogge
MEDITATION

12:30 - 13:30 **Time to Talk**
Robin Perkins (El Búho)
TALK

14:30 - 15:30 **Inside Portugal's Psychedelic Movement**
Pedro Teixeira
TALK

17:00 - 19:00 **Zen Baboon**
DJ SET

19:00 - 21:00 **Boundless**
LIVE ACT

21:00 - 00:00 **Emok**
DJ SET

4 July - Saturday

10:30 - 11:30 **Vision Quest Breathwork**
Miguel Sevilhano
BREATHWORK

12:30 - 13:30 **Celtic and Druidic Wisdom**
Alexandre Gabriel
TALK

14:30 - 15:30 **Sacred Stones**
Alfredo Cunha Sendim & Manuel Calado
TALK

17:00 - 19:00 **The Search for the Lost Rhythm**
Drum Circle
DRUM CIRCLE

19:00 - 21:00 **Mary Croft, Kokeshi & Bárbara Starling**
DJ SET

21:00 - 00:00 **Liquid Soul**
DJ SET

Take care of yourself and look out for others at Boomland. Check in on your neighbours and offer water, shade, or help to anyone who may need it. **We Are One.**

Nature

Become one with nature and discover the very essence of Being. The Meeting Point is at the Info Stand near the Dance Temple Museum (check the location on the map).

2 July - Thursday

09:00 - 10:30 **Forest Therapy Walk**
Geeta
NATURE

18:00 - 19:30 **Indigenous Water Wisdom**
Lisa Thor
NATURE

3 July - Friday

09:00 - 10:30 **Forest Therapy Walk**
Geeta
NATURE

18:00 - 19:30 **Identifying Edible Plants**
Fernanda Botelho
NATURE

4 July - Saturday

09:00 - 10:30 **Forest Therapy Walk**
Geeta
NATURE

18:00 - 19:30 **Identifying Edible Plants**
Fernanda Botelho
NATURE

5 July - Sunday

09:00 - 10:30 **Forest Therapy Walk**
Geeta
NATURE

11:00 - 13:00 **Sacred Stones Celebration**
Alfredo Cunha Sendim
Manuel Calado
Amala Oliveira
NATURE

Young Dragons

Get creative with our crafty activities for all the family.

2, 3, 4 & 5 July

09:00 - 12:00 **The Clay Ground Studio**
Maria Pojo
POTTERY

10:00 - 13:00 **Circus Spin Lab**
Manú Schirripa & Ruben Muzizza
CIRCUS ARTS

11:00 - 14:00 **Colour Splash Atelier**
Miguel Caeiro (RAM)
PAINTING

Being Council

Join the Being Council sharing circle to connect with others and yourself. Guided by José Soutelinho, a mentor of transformative processes.

2 July - Thursday

18:30 - 20:30 **Landing - Where do We Come From?**
BEING COUNCIL

3 July - Friday

18:30 - 20:30 **Gratitude - What Was Given to Us?**
BEING COUNCIL

4 July - Saturday

18:30 - 20:30 **Lucidity - What Not to Repeat?**
BEING COUNCIL

5 July - Sunday

10:00 - 12:00 **Integration - Return to Present**
BEING COUNCIL

Mud Experience

Embrace the novelty of doing something you'd never usually do at home.

2, 3, 4 & 5 July

12:00 - 15:00 **Mud Experience**
Terrapalha

Kiosk

Creative Pop-Up

Open from 2 to 5 July

A meeting point for the unexpected, where creativity happens without a schedule.

Follow your curiosity and join us for spontaneous moments and delightful surprises.

A gathering within the gathering. A hub for community.

Boomland Permanent Art Collection

Installations, sculptures and immersive spaces make up the Boomland art collection, which is open to you to enjoy throughout Being. Check out the list of exhibitors:

- Bamboo DNA
- Broll jholl
- Carey Thompson
- Chasztuka
- Colectivo Warehouse
- Dadara
- Daniel Popper
- DubLab
- Evaldo Borges
- Fernanda Marques Lins
- Gerardo Orozco Astigarraga
- João Carvalho
- Josselin Chataignon
- Luis Lázaro
- Michael Benisty
- Michael Clark
- Naama Choonawala
- Pascal Fletcher
- RAM
- Rethorica Studio
- Teatro Só
- Tor Tveter
- Vicente Bittencourt

Being Gathering is a space where ancestral wisdom meets modern tools for inner well-being and collective awakening. Guided by a non-orthodox spirit and a fusionist approach, the Being invites you to explore new dimensions of consciousness, connection, transformation, and celebration.

Therapies

Journeys into rest, renewal, and well-being.

All therapies require a minimum donation per session.

Fractal

Massage Therapies

2 to 5 July
Open from 09:00 to 21:00

Alexandre Poças
OSTEOPATHY, TUINA MASSAGE

Ana Carvalho
THERAPEUTIC MASSAGE, BIOMAGNETISM

Armando Faria
OSTEOPATHY, CRANIO SACRAL THERAPY, DEEP TISSUE MASSAGE, MYOFASCIAL RELEASE MASSAGE

Azahara García
AYURVEDA MASSAGE

Body Mandala
REIKI, THAI MASSAGE, FLOWING BODY MASSAGE

Emi Suganuma
DEEP TISSUE MASSAGE, HOLISTIC MASSAGE

Fernando Martins
OSTEOPATHY, DEEP TISSUE MASSAGE, MYOFASCIAL RELEASE MASSAGE

Inês Sena
ENERGY FLOW MASSAGE TREATMENT, SHIATSU, DEEP TISSUE MASSAGE, THAI MASSAGE, OIL MASSAGE

Ingrida Karallunaite
OSTEOPATHY

João Pedro Soares
THAI MASSAGE, MYOFASCIA MASSAGE

Krisztina Minczár
THAI MASSAGE, CRANIO SACRAL THERAPY, CHI NEI TSANG

Laura Reuber
HOLISTIC MASSAGE

Lurdes Mendes
ACUPUNCTURE, RELAXING MASSAGE, SHAMANIC JOURNEY, SHIATSU

Micaco Ando
AROMATHERAPY MASSAGE, TOUCHING ESSENCE

Rita Aleixo
ABDOMINAL MASSAGE, INTUITIVE THERAPY, ENERGY HEALING, THAI MASSAGE

Rita Navalho
AYURVEDA MASSAGE, RELAXING MASSAGE, DEEP TISSUE MASSAGE

Rober Shiatsu
SHIATSU, RI ASAI, AURICULOTHERAPY

Sean Sing Fung YUEN
ACUPUNCTURE, CUPPING

Shana CosmicHand
HEALING MASSAGE

Tripura Healing
THERAPEUTIC MASSAGE, RELAXING MASSAGE, ZEN SHIATSU, LYMPHATIC DRAINAGE

Vanessa Santos
INTEGRATIVE MASSAGE - SOMATIC TOUCH

Tipis

Divinations

2 to 5 July
Open from 09:00 to 20:00

Catarina Palma
AURA READING

Fay Goodman
COUNSELLING, TAROT, SOMATIC PSYCHOTHERAPY

Sara Vedio Soul
INDIAN ASTROLOGY (JYOTISHA)

Teresa Castelo Branco
SYSTEMIC FAMILY CONSTELLATIONS

Sound Healing Hub

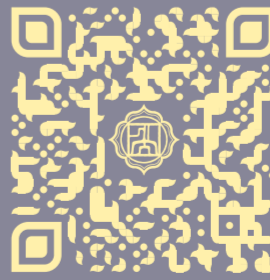
Sound Bath

2 to 5 July
Sessions: 10:00, 11:30, 15:30 & 17:00

Cosmic Gong
SOUND HEALING

Book Your Therapies

Therapies, Divinations and Sound Healing sessions can be booked at the Hub Reception at Fractal (check the map) or via our online Therapy Booking Platform (QR code).



Lake

Lake Therapies

2 to 5 July
Open from 10:00 to 18:00
Lake therapies can be booked directly at the Lake Therapies Hub

Fran
Katie Greaves
Manu
Michelle McLaughlin
Patouf Jansma
Sofia Maciel

The 4 Pillars Of Being Gathering

Well-Being

Human well-being begins with reconnecting to spiritual practices that awaken presence, purpose, and peace.

Music

Music connects us, is a practice of individual and collective healing, and draws us into the now.

Oneness

It is the awareness that we are elements in a vast, interwoven web of life.

Community

When the 'I' meets the 'We', community becomes a mirror - and through it, we grow into better humans

Respect Boomland

Please show your love for all nature and wildlife at Boomland. Separate your rubbish, don't pollute the lake with anything, and remember to leave this space better than you found it.

Save The Drop

Water is precious, so let's think carefully about how we use it when bathing and drinking. Don't waste it, and please keep the lake clean.

Shower Times

To help reduce pressure on the water system, our showers operate only between 06:00 and midnight each day. They close between midnight and 06:00.

Female Urinals

Come and use our new eco-friendly female urinals built with hemp, a carbon-neutral material, and the first-ever urinals built with hemp in the festival world.

Compost Toilets

Our innovative compost toilets are chemical, water, and sawdust-free. To keep the system working, please only put human waste and toilet paper in the bowl - we convert all your waste into nutrient-rich soil.

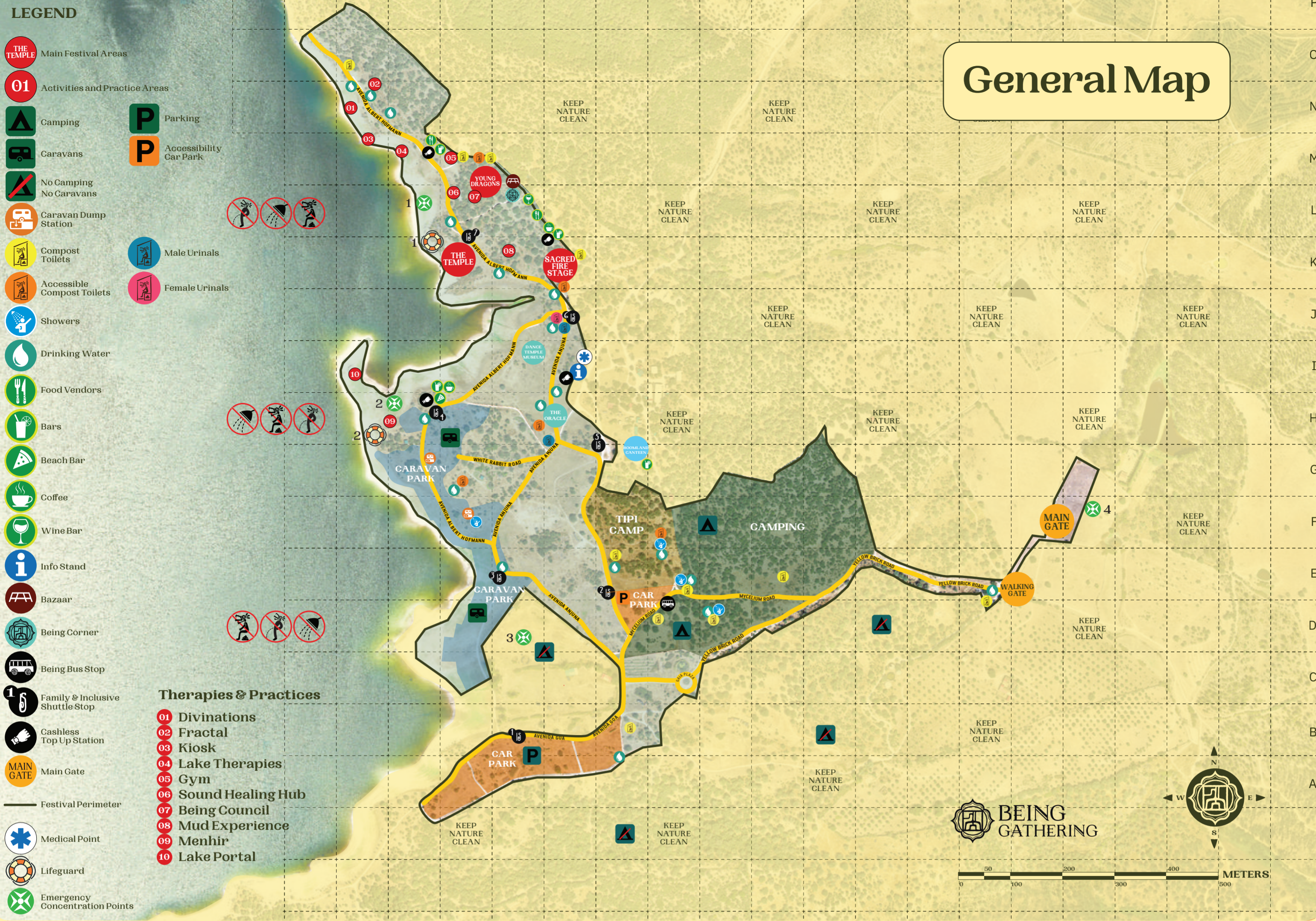
Love Has No Flag

We would like to create a space of unity and oneness that transcends national identities. As such, please do not bring flags of any nationality to Being.

Cashless

A cashless system operates at the bars, food vendors, and Info Stand. Scan the QR Code below to know more.





Info & Schedules

Hospital

Open 24h from 1 to 6 July
Emergency Contact
+351 961 501 907

Main Gate

Opens on 1 July at 11:00
Closes on 2 July at midnight

Opens on 3 July at 08:00
Closes on 4 July at midnight

Opens on 5 July at 08:00
and closes at midnight
on that same day.

Important Information About Access

Re-Entries

Once you have your wristband on, re-entries are allowed at any time, day or night.

Exits

There are no restrictions on leaving. You can exit Boomland whenever you want, even if the Main Gate is closed for new entries at that time.

Info Stand

Opens on 1 July at 11:00

2 to 5 July
Open from 08:00 to midnight
Closes on 6 July at 12:00

Boomland Canteen

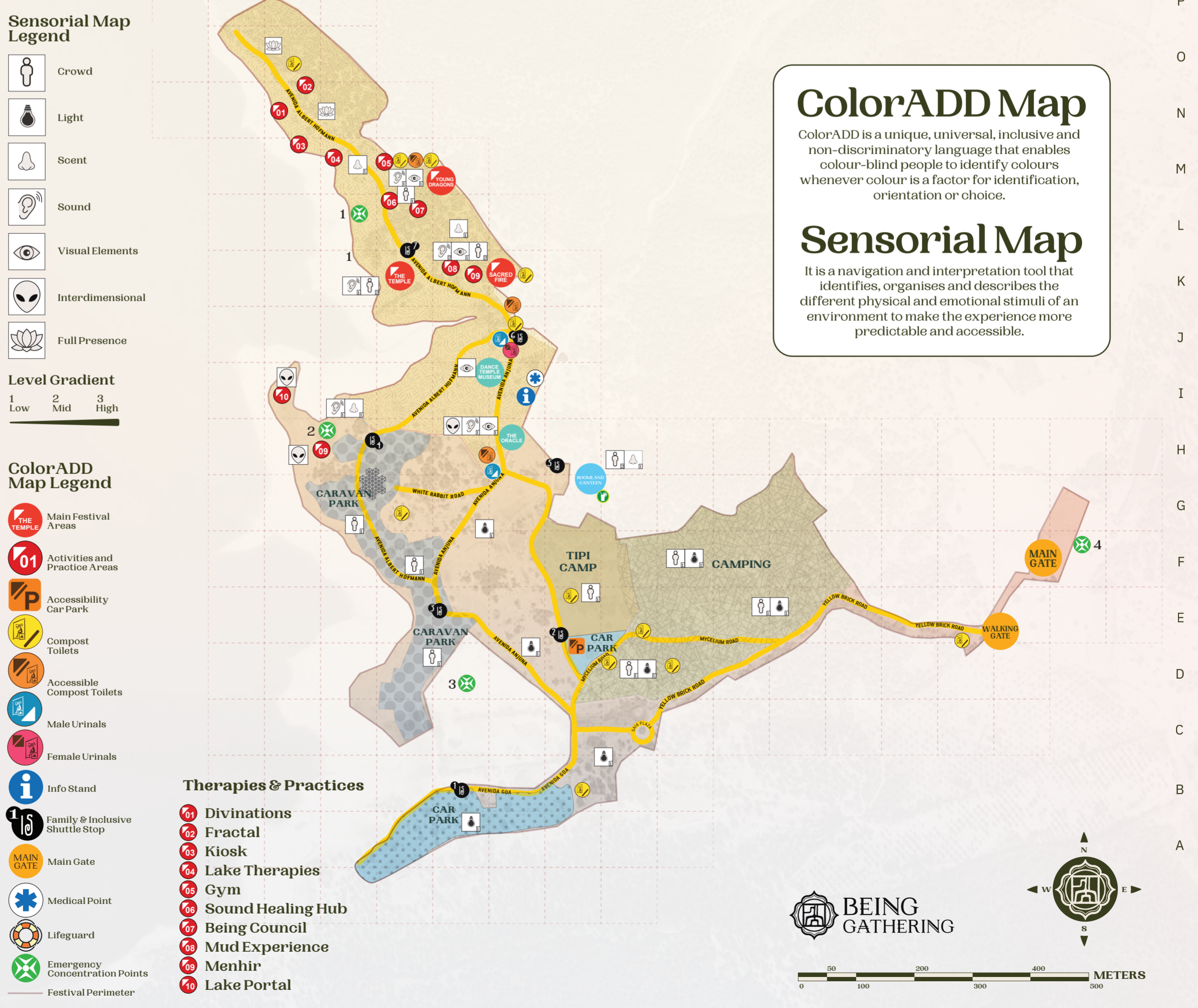
Opens on 1 July at 20:00
Lunch: 13:00 - 15:00
Dinner: 20:00 - 22:00
Closes on 5 July at 22:00

Beach Bar & Pizzeria

Opens on 1 July at 11:00
Closes on 6 July at 11:30
Open 24h

Sacred Fire Bar

Opens on 1 July at 11:00
Closes on 5 July at 22:30
Open 24h



ColorADD Map

ColorADD is a unique, universal, inclusive and non-discriminatory language that enables colour-blind people to identify colours whenever colour is a factor for identification, orientation or choice.

Sensorial Map

It is a navigation and interpretation tool that identifies, organises and describes the different physical and emotional stimuli of an environment to make the experience more predictable and accessible.