

BEING GATHERING 2026 THEME

# Remembering Our Ancestry

Who are we? This question has echoed through human history since the beginning. Our ancestry is more than a historical record; it is the foundational blueprint of our identity, both individually and collectively.

To "Remember Our Ancestry" is not just a study of the past, it is an act of self-discovery.

Consider where we stand: the Boomland, in Portugal, on the Iberian Peninsula. Long before the waves of Roman, Muslim, or Christian conquerors, the natives of these lands were animistic, tribal, and deeply rooted in the landscape.

These indigenous were eventually targeted by dominant powers, severed from the spiritual pulse of the earth. This tragedy repeated across Europe and the globe, a cycle where the persecuted became the persecutor, leaving a trail of transgenerational trauma.

In this region, and every where on Earth, spirituality was not in temples; it was found in the sites themselves.

Life, death, the stars, and the land existed as one continuum. Dolmens served as ancestral portals, Cromlechs as celestial observatories, and rock art as a bridge to the ecosystem. This was a cosmic, shamanic, and initiatory spirituality.

It was a world where water was the medium of the unseen and the goddess Nabia reigned. Where Bandua stood guard over the tribes, and the sacred pair Endovellicus and Ataegina shared their cosmic powers.

In the old Iberian, European and Earth ways, the place comes before the deity. The divine is not an abstract concept; it is the living expression of the land itself. It was the same every where.

In an age of increasing disconnection like today, we must return to the ancestry of place and being.

Let us reconnect with our lineages, heal the past and celebrate through the power of the present.

We invite you to become a participant in the land.

We gather at the Boomland, not merely for a festival, but for a collective homecoming.

Let's Remember Our Ancestry.



and much more... Workshops • Yoga • Tao • Talks • Therapies • Walks • Systemic Constellations • Tantra • Healing • Sound Journeys • Sound Rituals • Social Themes • Sound Nutrition • Psychedelic Science • Nature Immersion • New Education • Mental Health • Movement • Music • Martial Arts • Messages • Meditation • Lake Activities • Land Art • Mantras • Inner Work • Kids Activities • Forest Bathing • Indigenous Traditions • Ecstatic Dance • Emotions • Fitness • Eco Consciousness and Practice • Counselling • Dance • DJ Sets • Communal Food • Conscious Death • Art Installations • Breathwork • Ancient Wisdom

BOOM FESTIVAL TEAM PRESENTS



# BEING GATHERING 1.5 JULY 2026

Well-Being • Music • Oneness • Community

BOOMLAND • IDANHA-A-NOVA LAKE • PORTUGAL BEING-GATHERING.ORG



## The Temple

All of our movement classes and collective activities under one roof.

### 2 July - Thursday

09:00 - 10:30 **Shiva Shakti Yoga & Alchemical Bhakti Nidra** Isa Guitana YOGA

11:30 - 13:00 **The Healing Voice Awakening** Virgilio Beatriz VOICE ACTIVATION

14:00 - 15:30 **Being Awake in a Dream** Angelo Surinder & ANNA SOUND JOURNEY

16:30 - 18:30 **Ecstatic Sound Movement** Pyrrait ECSTATIC DANCE

19:30 - 21:00 **Body as Magic and Oracle - Clubbing and Traditional Dance Intersections** Piny Orchidaceae DANCE

22:00 - 23:30 **From Self to Connection** Afke TANTRA

### 3 July - Friday

09:00 - 10:30 **Somatic Yoga: Opening the Sacral Gate** Harmony Slater YOGA

11:30 - 13:00 **PSYCHEDELIC BREATH®** Carla Kuhlmann BREATHWORK

14:00 - 15:30 **Just Be (Your true be is enough)** Guilherme Luz MARTIAL ARTS

16:30 - 18:30 **The Wild Awakening** Mushina ECSTATIC DANCE

19:30 - 21:00 **Anchoring Into Your New Reality** Chris Corsini INNER WORK

22:00 - 23:30 **Songs From My Life's Journey** Flavio Salvaje SOUND JOURNEY

### 4 July - Saturday

09:00 - 10:30 **One with the Sound of OM** Jenil Dholakia MEDITATION

11:30 - 13:00 **Somatic Yoga: Opening the Sacral Gate** Harmony Slater YOGA

14:00 - 15:30 **Move From Within** Karimu Samuels MOVEMENT

16:30 - 18:30 **Ecstatic Dance Journey** Bloomurian ECSTATIC DANCE

19:30 - 21:00 **Weaving Voice & Spirit Workshop** Anna Bariyani VOICE WORKSHOP

22:00 - 23:30 **The Art of Conscious Touch** Afke TANTRA

### 5 July - Sunday

09:00 - 10:30 **Shiva Shakti Yoga & Alchemical Bhakti Nidra** Isa Guitana YOGA

11:30 - 13:00 **The Power of Softness** Karimu Samuels MOVEMENT

14:00 - 15:30 **The Doorway to the Infinite Possibilities** Satya RITUAL

16:30 - 18:30 **Ecstatic Conscious Dance** Leah Luna ECSTATIC DANCE

19:30 - 21:30 **Where Do We Go From Here** Geeta INTEGRATION SESSION

## Lake Portal

Lakeside rituals, ceremonies, and circles to honour our sacred Earth.

### 1 July - Wednesday

19:30 - 21:00 **Sunset Lake Blessing Intention Setting** Laura Korulanin & Kula RITUAL

### 2 July - Thursday

09:00 - 10:30 **Terra Sagrada: Honouring Our Sacred Earth** Ancestral Living Arts RITUAL

19:30 - 21:00 **Mother Earth Rite of Passage** Filipa Veiga RITUAL

### 3 July - Friday

09:00 - 10:30 **Body, Water and Memory** Agudeiras RITUAL

19:30 - 21:00 **Water Drumming Ceremony - In the Waters at the Lake** Laura Frederico RITUAL

### 4 July - Saturday

09:00 - 10:30 **Druidic Ritual** Alexandre Gabriel RITUAL

19:30 - 21:00 **Dança das 4 Luas** Cris Marcondes RITUAL

### 5 July - Sunday

07:00 - 08:30 **Sunrise Cacao** Sari Seramor RITUAL

## Sacred Fire

The place to go for our stimulating programme of talks and music.

### 2 July - Thursday

18:00 - 19:00 **Mariana Root** CONCERT

19:30 - 21:30 **Curawaka** CONCERT

22:00 - 00:00 **El Búho** LIVE ACT

### 3 July - Friday

10:30 - 11:30 **Returning to the Heart** Ina Hoffrogge MEDITATION

12:30 - 13:30 **Time to Talk** Robin Perkins (El Búho) TALK

14:30 - 15:30 **Inside Portugal's Psychedelic Movement** Pedro Teixeira TALK

17:00 - 19:00 **Zen Baboon** DJ SET

19:00 - 21:00 **Boundless** LIVE ACT

21:00 - 00:00 **Emok** DJ SET

### 4 July - Saturday

10:30 - 11:30 **Vision Quest Breathwork** Miguel Sevilhano BREATHWORK

12:30 - 13:30 **Celtic and Druidic Wisdom** Alexandre Gabriel TALK

14:30 - 15:30 **Sacred Stones** Alfredo Cunhal Sendim & Manuel Calado TALK

17:00 - 19:00 **The Search for the Lost Rhythm** Drum Circle DRUM CIRCLE

19:00 - 21:00 **Mary Croft, Kokeshi & Barbara Starling** DJ SET

21:00 - 00:00 **Liquid Soul** DJ SET

Take care of yourself and look out for others at Boomland. Check in on your neighbours and offer water, shade, or help to anyone who may need it. **We Are One.**

## Nature

Become one with nature and discover the very essence of Being. The Meeting Point is at the Info Stand near the Dance Temple Museum (check the location on the map).

### 2 July - Thursday

09:00 - 10:30 **Forest Therapy Walk** Geeta NATURE

18:00 - 19:30 **Indigenous Water Wisdom** Lisa Thor NATURE

### 3 July - Friday

09:00 - 10:30 **Forest Therapy Walk** Geeta NATURE

18:00 - 19:30 **Identifying Edible Plants** Fernanda Botelho NATURE

### 4 July - Saturday

09:00 - 10:30 **Forest Therapy Walk** Geeta NATURE

18:00 - 19:30 **Identifying Edible Plants** Fernanda Botelho NATURE

### 5 July - Sunday

09:00 - 10:30 **Forest Therapy Walk** Geeta NATURE

11:00 - 13:00 **Sacred Stones Celebration** Alfredo Cunhal Sendim Manuel Calado Amala Oliveira NATURE

## Young Dragons

Get creative with our crafty activities for all the family.

### 2, 3, 4 & 5 July

09:00 - 12:00 **The Clay Ground Studio** Maria Poejo POTTERY

10:00 - 13:00 **Circus Spin Lab** Manú Schirripa & Rúben Muzizza CIRCUS ARTS

11:00 - 14:00 **Colour Splash Atelier** Miguel Caeiro (RAM) PAINTING

## Being Council

Join the Being Council sharing circle to connect with others and yourself. Guided by José Soutelinho, a mentor of transformative processes.

### 2 July - Thursday

18:30 - 20:30 **Landing - Where do We Come From?** BEING COUNCIL

### 3 July - Friday

18:30 - 20:30 **Gratitude - What Was Given to Us?** BEING COUNCIL

### 4 July - Saturday

18:30 - 20:30 **Lucidity - What Not to Repeat?** BEING COUNCIL

### 5 July - Sunday

10:00 - 12:00 **Integration - Return to Present** BEING COUNCIL

## Mud Experience

Embrace the novelty of doing something you'd never usually do at home.

### 2, 3, 4 & 5 July

12:00 - 15:00 **Mud Experience** Terrapalha

## Kiosk

### Creative Pop-Up

Open from 2 to 5 July

A meeting point for the unexpected, where creativity happens without a schedule.

Follow your curiosity and join us for spontaneous moments and delightful surprises.

A gathering within the gathering. A hub for community.

## Boomland Permanent Art Collection

Installations, sculptures and immersive spaces make up the Boomland art collection, which is open to you to enjoy throughout Being. Check out the list of exhibitors:

Bamboo DNA

Broll Jholl

Carey Thompson

Chasztuka

Colectivo Warehouse

Dadara

Daniel Popper

DubLab

Evaldo Borges

Fernanda Marques Lins

Gerardo Orozco Astigarraga

João Carvalho

Josselin Chataignon

Luis Lázaro

Michael Benisty

Michael Clark

Naama Choonawala

Pascal Fletcher

RAM

Rethorica Studio

Teatro Só

Tor Tveter

Vicente Bittencourt

Being Gathering is a space where ancestral wisdom meets modern tools for inner well-being and collective awakening. Guided by a non-orthodox spirit and a fusionist approach, the Being invites you to explore new dimensions of consciousness, connection, transformation, and celebration.

## Therapies

Journeys into rest, renewal, and well-being.

All therapies require a minimum donation per session.

## Fractal

### Massage Therapies

2 to 5 July Open from 09:00 to 21:00

**Alexandre Poças** OSTEOPATHY, TUI NA MASSAGE

**Ana Carvalho** THERAPEUTIC MASSAGE, BIOMAGNETISM

**Armando Faria** OSTEOPATHY, CRANIO SACRAL THERAPY, DEEP TISSUE MASSAGE, MYOFASCIAL RELEASE MASSAGE

**Azahara García** AYURVEDA MASSAGE

**Body Mandala** REIKI, THAI MASSAGE, FLOWING BODY MASSAGE

**Emi Suganuma** DEEP TISSUE MASSAGE, HOLISTIC MASSAGE

**Fernando Martins** OSTEOPATHY, DEEP TISSUE MASSAGE, MYOFASCIAL RELEASE MASSAGE

**Inês Sena** ENERGY FLOW MASSAGE TREATMENT, SHIATSU, DEEP TISSUE MASSAGE, THAI MASSAGE, OIL MASSAGE

**Ingrida Karallunaite** OSTEOPATHY

**João Pedro Soares** THAI MASSAGE, MYOFASCIA MASSAGE

**Kristina Minczer** THAI MASSAGE, CRANIO SACRAL THERAPY, CHI NEI TSANG

**Laura Reuther** HOLISTIC MASSAGE

**Lurdes Mendes** ACUPUNCTURE, RELAXING MASSAGE, SHAMANIC JOURNEY, SHIATSU

**Micaco Ando** AROMATHERAPY MASSAGE, TOUCHING ESSENCE

**Rita Aleixo** ABDOMINAL MASSAGE, INTUITIVE THERAPY, ENERGY HEALING, THAI MASSAGE

**Rita Navalho** AYURVEDA MASSAGE, RELAXING MASSAGE, DEEP TISSUE MASSAGE

**Rober Shiatsu** SHIATSU, KI ASSA, AURICULOTHERAPY

**Sean Sing Fung YUEN** ACUPUNCTURE, CUPPING

**Shana CosmicHand** HEALING MASSAGE

**Tripura Healing** THERAPEUTIC MASSAGE, RELAXING MASSAGE, ZEN SHIATSU, LYMPHATIC DRAINAGE

**Vanessa Santos** INTEGRATIVE MASSAGE - SOMATIC TOUCH

## Tipis

### Divinations

2 to 5 July Open from 09:00 to 20:00

**Catarina Palma** AURA READING

**Fay Goodman** COUNSELLING, TAROT, SOMATIC PSYCHOTHERAPY

**Sara Vedio Soul** INDIAN ASTROLOGY (YOTIÇA)

**Teresa Castelo Branco** SYSTEMIC FAMILY CONSTELLATIONS

## Sound Healing Hub

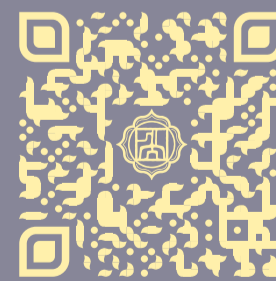
### Sound Bath

2 to 5 July Sessions: 10:00, 11:30, 15:30 & 17:00

**Cosmic Gong** SOUND HEALING

## Book Your Therapies

Therapies, Divinations and Sound Healing sessions can be booked at the Hub Reception at Fractal (check the map) or via our online Therapy Booking Platform (QR code).



## Lake

### Lake Therapies

2 to 5 July Open from 10:00 to 18:00 Lake therapies can be booked directly at the Lake Therapies Hub

**Fran**

**Katie Greaves**

**Manu**

**Michelle McLoughlin**

**Patouf Jansma**

**Sofia Maciel**



## The 4 Pillars Of Being Gathering

### Well-Being

Human well-being begins with reconnecting to spiritual practices that awaken presence, purpose, and peace.

### Music

Music connects us, is a practice of individual and collective healing, and draws us into the now.

### Oneness

It is the awareness that we are elements in a vast, interwoven web of life.

### Community

When the 'I' meets the 'We', community becomes a mirror - and through it, we grow into better humans

## Respect Boomland

Please show your love for all nature and wildlife at Boomland. Separate your rubbish, don't pollute the lake with anything, and remember to leave this space better than you found it.

## Save The Drop

Water is precious, so let's think carefully about how we use it when bathing and drinking. Don't waste it, and please keep the lake clean.

## Shower Times

To help reduce pressure on the water system, our showers operate only between 06:00 and midnight each day. They close between midnight and 06:00.

## Female Urinals

Come and use our new eco-friendly female urinals built with hemp, a carbon-neutral material, and the first-ever urinals built with hemp in the festival world.

## Compost Toilets

Our innovative compost toilets are chemical, water, and sawdust-free. To keep the system working, please only put human waste and toilet paper in the bowl - we convert all your waste into nutrient-rich soil.

## Love Has No Flag

We would like to create a space of unity and oneness that transcends national identities. As such, please do not bring flags of any nationality to Being.

## Cashless

A cashless system operates at the bars, food vendors, and Info Stand. Scan the QR Code below to know more.



**LEGEND**

- Main Festival Areas
  - Activities and Practice Areas
  - Camping
  - Caravans
  - No Camping  
No Caravans
  - Caravan Dump Station
  - Compost Toilets
  - Accessible Compost Toilets
  - Showers
  - Drinking Water
  - Food Vendors
  - Bars
  - Beach Bar
  - Coffee
  - Wine Bar
  - Info Stand
  - Bazaar
  - Being Corner
  - Being Bus Stop
  - Family & Inclusive Shuttle Stop
  - Cashless Top Up Station
  - Main Gate
  - Festival Perimeter
  - Medical Point
  - Lifeguard
  - Emergency Concentration Points
- Parking
  - Accessibility Car Park
  - Male Urinals
  - Female Urinals

**Therapies & Practices**

- Divinations
- Fractal
- Kiosk
- Lake Practice
- Gym
- Sound Healing Hub
- Being Council
- Mud Experience
- Menhir
- Lake Portal

**General Map**



**BEING GATHERING**



**Info & Schedules**

**Hospital**

Open 24h from 1 to 6 July  
Emergency Contact  
+351 961 501 907

**Main Gate**

Opens on 1 July at 11:00  
Closes on 2 July at midnight  
  
Opens on 3 July at 08:00  
Closes on 4 July at midnight  
  
Opens on 5 July at 08:00  
and closes at midnight  
on that same day.

**Important Information About Access**

**Re-Entries**

Once you have your wristband on, re-entries are allowed at any time, day or night.

**Exits**

There are no restrictions on leaving. You can exit Boomland whenever you want, even if the Main Gate is closed for new entries at that time.

**Info Stand**

Opens on 1 July at 11:00  
  
2 to 5 July  
Open from 08:00 to midnight  
Closes on 6 July at 12:00

**Boomland Canteen**

Opens on 1 July at 20:00  
Lunch: 13:00 - 15:00  
Dinner: 20:00 - 22:00  
Closes on 5 July at 22:00

**Beach Bar & Pizzeria**

Opens on 1 July at 11:00  
Closes on 6 July at 11:30  
Open 24h

**Sacred Fire Bar**

Opens on 1 July at 11:00  
Closes on 5 July at 22:30  
Open 24h

**Sensorial Map Legend**

- Crowd
- Light
- Scent
- Sound
- Visual Elements
- Interdimensional
- Full Presence

**Level Gradient**

- 1 Low
- 2 Mid
- 3 High

**ColorADD Map Legend**

- Main Festival Areas
- Activities and Practice Areas
- Accessibility Car Park
- Compost Toilets
- Accessible Compost Toilets
- Male Urinals
- Female Urinals
- Info Stand
- Family & Inclusive Shuttle Stop
- Main Gate
- Medical Point
- Lifeguard
- Emergency Concentration Points
- Festival Perimeter

**Therapies & Practices**

- Divinations
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- Lake Practice
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- Being Council
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- Lake Portal

**ColorADD Map**

ColorADD is a unique, universal, inclusive and non-discriminatory language that enables colour-blind people to identify colours whenever colour is a factor for identification, orientation or choice.

**Sensorial Map**

It is a navigation and interpretation tool that identifies, organises and describes the different physical and emotional stimuli of an environment to make the experience more predictable and accessible.

**BEING GATHERING**

